

## **RYEDALE COVID-19 HELP NETWORK –**

**Carrie/Cheryl  
(BASE NUMBER)  
Food Bank (Rob)  
Food Share**

**01751 269270  
07800 877932  
07340 387826**



### **Essential Food Items**

<b>Location</b>	<b>Tel:</b>	<b>Details:</b>
<b>Cedar Barn</b>	475614 Ext. 1	Café closed. Safe shopping. 6 days a week. Closed Tuesdays 9:30am till 4:00pm. The quieter days in the shop are Sunday and Monday. Local delivery please order by 1:00pm Monday for delivery. Orders can also be sent via email at: <a href="mailto:info@cedarbarnfarmshop.co.uk">info@cedarbarnfarmshop.co.uk</a>
<b>R.C. Hann's Butchers</b>	472588	Open as usual, delivery available but please call.
<b>D.L Horsley's Butchers</b>	473452	Open as usual for collection. Deliveries can be made via Taylor's please call Taylor's to order.
<b>Dunning's Butchers</b>	472627	Open 8-3:00pm for collection, card payments or cash. Call for deliveries in the afternoon.
<b>Farm To Fork Butchers</b>	07860796510	Open 8-3:00pm for collection, card payments or cash. Call for deliveries in the afternoon. Open Tuesday to Friday 8am till 4pm Saturday 8am till 2pm. Delivering in Pickering, Cropton, Lockton, and surrounding areas on a Wednesday.

<b>Metcalf's Fruit and Veg</b>	476706	Open 9:30 till 2 Monday to Saturday except Wednesday which is open 10 till 2. Deliveries for those in isolation are available please call for details.
<b>The Old Weigh</b>	798020 / 07942 636214	Open as normal 8:30 till 3:30 Monday to Friday, Saturday 8:30 till 1. Delivery available £10 minimum spend
<b>Taylor's Fruit &amp; Veg</b>	472170	Open as usual Monday to Saturday. Delivery days Monday Tuesday Wednesday and Friday minimum order £5. Orders can be emailed <a href="mailto:info@taylorsofpickering.co.uk">info@taylorsofpickering.co.uk</a> also delivering meat from Horsley's butchers
<b>The Whole Hogg</b>	01653 669469	Open 7 days a week. Delivery days Thursday to Saturday minimum spend £20 within a 5 mile radius
<b>The Horny Cow</b>	07788 194038	Open as usual. Delivery days Wednesday and Friday. Minimum spend £20
<b>The Little Yorkshire Cheese Stall</b>	07837 433581	Cheese/Chutney/Honey deliveries on Market Day (Monday in Pickering). Please give 2 days' notice – no minimum order.
<b>Willowgate Bistro</b>	476300	Details to come
<b>Middleton Service Station</b>	477400	Shop open as usual with social distancing in place. Please wear gloves when dispensing fuel. There are sanitiser stations.

## Essential Home Items

**Location**

**Tel:**

**Details:**

<b>Coopers</b>	472248	Matches, Light bulbs, gas, etc. Open Monday to Friday 8am till 5pm, Saturday 9am till 4pm. Access via the car park entrance. £3.50 delivery for Pickering price varies for other villages. Delivery usually the next day (not guaranteed the next day). Click and collect service available. Pre-order and collect at a convenient time contactlessly.
<b>Flintoff Ironmongers</b>	703103	Open as usual.
<b>HCI Trading</b>	07872 906702	Household cleaning supplies and toiletries delivered. Not open to the public. Orders can be placed online or via Facebook. Delivery charge is £2 delivered once a fortnight.
<b>Nisa Thornton Stores</b>	474275	Delivery of store items. The shop is open as usual 7am till 9pm. Please call to place orders, or email at: <a href="mailto:nisalocal07@gmail.com">nisalocal07@gmail.com</a> . Alternatively deliver order through letterbox. Payment by cash cheque or BACS only.
<b>Yorkshire Trading</b>	474721	Open as usual. Online ordering and delivery at <a href="http://www.yorkshiretrading.com">www.yorkshiretrading.com</a> .
<b>B &amp; M Harland Petrol Station &amp; Spar</b>	472673	Petrol station and Spar open: 06:30 am till 9:00 pm Monday to Saturday. 7 am till 9 pm on Sundays. Open hours could change.

## Milk Rounds

<u>Location</u>	<u>Tel:</u>	<u>Details:</u>
<b>John Morley</b>	475688	Milk, Eggs & Potatoes. Doorstep deliveries.
<b>Evergreen Dairy</b>	476646	Doorstep deliveries.

## Bakery

<u>Location</u>	<u>Tel:</u>	<u>Details:</u>
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<b>Cinnamon Twist</b>	07901 701120	Please call for delivery. Bread available from the Pickering market on Monday and Helmsley marker on Friday.
<b>Thomas' Bakery</b>	474899	Staying open as usual. No delivery.
<b>Coopland's Bakery</b>	472612	Café closed but shop open as usual.

## Health

<b>Location</b>	<b>Tel:</b>	<b>Details:</b>
<b>Pickering Pharmacy</b>	472550	Prescriptions and other medications. Open normal hours. Delivery days Tuesday to Friday. If you do not usually have your prescriptions delivered please order your prescription in the usual way and once it is ready for collection please contact us on Pickering 269270 and one of our volunteers will arrange for it to be delivered.
<b>Pickering Medical Practice</b>	471296	<p>The surgery will be open as usual. PLEASE DO NOT ATTEND THE SURGERY IF YOU HAVE ANY SYMPTOMS OF THE VIRUS.</p> <p>Please sign up for the NHS app – <a href="http://www.nhs.uk/using-the-nhs/nhsservices/the-nhs-app/">www.nhs.uk/using-the-nhs/nhsservices/the-nhs-app/</a> you will be able to order repeat prescriptions via the app. This will free up the telephone lines for those needing assistance during the pandemic.</p> <p>You can also send the surgery a message using <a href="https://wsp.psf-live.co.uk/1464/#/portal">https://wsp.psf-live.co.uk/1464/#/portal</a> This can be used to send messages to a doctor, request prescriptions or admin requests. Again this helps to free up the telephone lines to assist people who do not have internet access.</p>

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Please help friends and family wherever possible.

## Pets

<u>Location</u>	<u>Tel:</u>	<u>Details:</u>
Magson's	472657	Delivery of all usual stock items between Wykham and Kirbymoorside.
Pooch Pals	475415	Call or text 0779085764. Dog walking service.
Pickering Pet Shop	473521	Open 9-4:00pm with free local delivery only of all shop items. Cash or card. Might close early depending on business.
Ryedale Vets	472204	Home visits and prescription delivery for those in isolation or unable to get out. Door is locked. If you have an appointment, park and ring. <b>Please do not enter until advised.</b>

## Newsagents/Postal services

<u>Location</u>	<u>Tel:</u>	<u>Details:</u>
Reeds	474890	Open for magazines, newspapers, puzzle books, etc. Call for delivery. Open 5:30 am till 4 pm.

## Hot and cold meal deliveries

<u>Location</u>	<u>Tel:</u>	<u>Details:</u>
Station Inn Hotel	476880	Delivery Monday to Saturday 4 till 9. Sunday (Sunday lunch only) 12 till 6. Large menu available during the week see Facebook website for the menu. Free delivery in Pickering £1.50

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charge for out of Pickering. Advised to pre-book due as it will get very busy.

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<b>Piggies In The Middle</b>	475511	Meal plans available.
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<b>Eastgate Fisheries</b>	472554	Open as usual for takeaways only.
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<b>Potter Hill Fisheries</b>	472687	Usual opening hours. Operating a one in one out system – face masks must be worn upon entry. Telephone orders welcome.
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<b>Chico's Pizzeria</b>	476622	Open for take-out and delivery as usual.
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<b>Bits and Pizzas</b>	475116	Open for take-out and delivery as usual.
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<b>Spice 4 U</b>	473334	Open for take-out only.
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<b>Noyon</b>	476969/477039	Usual opening hours. Order via telephone, mobile (07449845006). Takeout or delivery available. Card preferred cash also accepted.
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## Educational/Entertainment

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<b>Location</b>	<b>Tel:</b>	<b>Details:</b>
<b>The Tutor</b>	07868303441	Call or text Matt for online help with school work or extra work and actives with educational theme. Bespoke classes set up via SENECA learning platform – send your requirements. 1-2-1 tutoring available via Skype.

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**Jenny Wade**

Support offered in secondary science. Free online "classrooms" on Google classroom (Rydale learning network zycpysv) and also material is available on SENECA learning platform for KS2, KS3, GCSE and A level. Email for the classroom codes - [janinewade@rocketmail.com](mailto:janinewade@rocketmail.com)

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**Sue Slack**

Local artist in Lockton offering free art videos via her Facebook page - **sueslackpainter**. Monday, Wednesday & Friday, builds into a course for all ages and abilities.

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**The Toy and Book Warehouse**      474672

Free delivery in Pickering. Order by phone or at [www.thetoyandbookwarehouse.co.uk](http://www.thetoyandbookwarehouse.co.uk)

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**Angela Richardson**      432545

Providing assistance with computer technology. Can provide assist over the phone with computers, iPads, mobile phones, on-line shopping orders. [actuition@gmail.com](mailto:actuition@gmail.com)

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