

RYEDALE COVID-19 HELP NETWORK –

**Carrie/Cheryl
(BASE NUMBER)
Food Share**

**01751 269270
07340 387826**



Essential Food Items

<u>Location</u>	<u>Tel:</u>	<u>Details:</u>
Cedar Barn	475614 Ext. 1	Café closed. Safe shopping. 6 days a week. Closed Tuesdays 9:30am till 4:00pm. The quieter days in the shop are Sunday and Monday. Local delivery please order by 1:00pm Monday for delivery. Orders can also be sent via email at: info@cedarbarnfarmshop.co.uk
R.C. Hann's Butchers	472588	Open as usual, delivery available but please call.
D.L Horsley's Butchers	473452	Open as usual for collection. Deliveries can be made via Taylor's please call Taylor's to order.
Dunning's Butchers	472627	Open 8-3:00pm for collection, card payments or cash. Call for deliveries in the afternoon.
Farm To Fork Butchers	07860796510	Open 8-3:00pm for collection, card payments or cash. Call for deliveries in the afternoon. Open Tuesday to Friday 8am till 4pm Saturday 8am till 2pm. Delivering in Pickering, Cropton, Lockton, and surrounding areas on a Wednesday.

Metcalf's Fruit and Veg	476706	Open 9:30 till 2 Monday to Saturday except Wednesday which is open 10 till 2. Deliveries for those in isolation are available please call for details.
The Old Weigh	798020 / 07942 636214	Open as normal 8:30 till 3:30 Monday to Friday, Saturday 8:30 till 1. Delivery available £10 minimum spend
Taylor's Fruit & Veg	472170	Open as usual Monday to Saturday. Delivery days Monday Tuesday Wednesday and Friday minimum order £5. Orders can be emailed info@taylorsofpickering.co.uk also delivering meat from Horsley's butchers
The Whole Hogg	01653 669469	Open 7 days a week. Delivery days Thursday to Saturday minimum spend £20 within a 5 mile radius
The Horny Cow	07788 194038	Open as usual. Delivery days Wednesday and Friday. Minimum spend £20
The Little Yorkshire Cheese Stall	07837 433581	Cheese/Chutney/Honey deliveries on Market Day (Monday in Pickering). Please give 2 days' notice – no minimum order.
Willowgate Bistro	476300	Details to come
Middleton Service Station	477400	Shop open as usual with social distancing in place. Please wear gloves when dispensing fuel. There are sanitiser stations.

Essential Home Items

Location	Tel:	Details:
Coopers	472248	Matches, Light bulbs, gas, etc. Open Monday to Friday 8am till 5pm, Saturday 9am till 4pm. Access via the car park entrance. £3.50 delivery for Pickering price varies for other villages. Delivery usually the next day (not guaranteed the next day). Click and collect service available. Pre-order and collect at a convenient time contactlessly.
Flintoff Ironmongers	703103	Open as usual.
HCI Trading	07872 906702	Household cleaning supplies and toiletries delivered. Not open to the public. Orders can be placed online or via Facebook. Delivery charge is £2 delivered once a fortnight.
Nisa Thornton Stores	474275	Delivery of store items. The shop is open as usual 7am till 9pm. Please call to place orders, or email at: nisalocal07@gmail.com . Alternatively deliver order through letterbox. Payment by cash cheque or BACS only.
Yorkshire Trading	474721	Open as usual. Online ordering and delivery at www.yorkshiretrading.com .
B & M Harland Petrol Station & Spar	472673	Petrol station and Spar open: 06:30 am till 9:00 pm Monday to Saturday. 7 am till 9 pm on Sundays. Open hours could change.

Milk Rounds

<u>Location</u>	<u>Tel:</u>	<u>Details:</u>
John Morley	475688	Milk, Eggs & Potatoes. Doorstep deliveries.
Evergreen Dairy	476646	Doorstep deliveries.

Bakery

<u>Location</u>	<u>Tel:</u>	<u>Details:</u>
Cinnamon Twist	07901 701120	Please call for delivery. Bread available from the Pickering market on Monday and Helmsley market on Friday.
Thomas' Bakery	474899	Staying open as usual. No delivery.
Coopland's Bakery	472612	Café closed but shop open as usual.

Health

<u>Location</u>	<u>Tel:</u>	<u>Details:</u>
Pickering Pharmacy	472550	Prescriptions and other medications. Open normal hours. Delivery days Tuesday to Friday. If you do not usually have your prescriptions delivered please order your prescription in the usual way and once it is ready for collection please contact us on Pickering 269270 and one of our volunteers will arrange for it to be delivered.

Pickering Medical Practice	471296	The surgery will be open as usual. PLEASE DO NOT ATTEND THE SURGERY IF YOU HAVE ANY SYMPTONS OF THE VIRUS. Please sign up for the NHS app – www.nhs.uk/using-the-nhs/nhsservices/the-nhs-app/ you will be able to order repeat prescriptions via the app. This will free up the telephone lines for those needing assistance during the pandemic. You can also send the surgery a message using https://wsp.psf-live.co.uk/1464/#/portal This can be used to send messages to a doctor, request prescriptions or admin requests. Again this helps to free up the telephone lines to assist people who do not have internet access. Please help friends and family wherever possible.
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Ryedaleeze Mobility	475440	Range of products available to view at shopappy.com. Call or email ryedaleeze@gmail.com providing a click and collect service and free delivery.
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Pets		
Location	Tel: _____	Details:
Magson's	472657	Delivery of all usual stock items between Wykham and Kirbymoorside.
Pooch Pals	475415	Call or text 0779085764. Dog walking service.

Pickering Pet Shop	473521	Open 9-4:00pm with free local delivery only of all shop items. Cash or card. Might close early depending on business.
Ryedale Vets	472204	Home visits and prescription delivery for those in isolation or unable to get out. Door is locked. If you have an appointment, park and ring.

Please do not enter until advised.

Newsagents/Postal services

Location	Tel:	Details:
Reeds	474890	Open for magazines, newspapers, puzzle books, etc. Call for delivery. Open 5:30 am till 4 pm.

Hot and cold meal deliveries

Location	Tel:	Details:
Station Inn Hotel	476880	Delivery Monday to Saturday 4 till 9. Sunday (Sunday lunch only) 12 till 6. Large menu available during the week see Facebook website for the menu. Free delivery in Pickering £1.50 charge for out of Pickering. Advised to pre-book due as it will get very busy.
Piggies In The Middle	475511	Hot homecooked meals 7 days a week at lunchtime. £5.50 per meal if having 5 to 7 days or £6 for the odd meal. Alternatively, freshly made meals delivered on a Monday to be heated up at home 5 meals for £20.
Eastgate Fisheries	472554	Open as usual for takeaways only.

Potter Hill Fisheries	472687	Usual opening hours. Operating a one in one out system – face masks must be worn upon entry. Telephone orders welcome.
Chico's Pizzeria	476622	Open for take-out and delivery as usual.
Bits and Pizzas	475116	Open for take-out and delivery as usual.
Spice 4 U	473334	Open for take-out only.
Noyon	476969/477039	Open 5pm till 10pm 7 days a week. Order via telephone, Takeout or delivery available. Cash or card payments welcome.
Aubrey's Tuck Shop	07596952731	Sweet deliveries free delivery in Pickering and Thornton Dale.
Fortune Inn	476116	Open for takeaway and for delivery. Takeaway 5 till 10 delivery 5 till 11.
Community Kitchen	Jack Ashton 07988245859	Fresh cooked meals delivered from £3.50 contact Jack or email kitchens@communitysmart.org
Lee's Chinese Takeaway	473647	Open between 4 and 9, Tuesday to Sunday, card payments are acceptable. Takeaway only.

Educational/Entertainment

<u>Location</u>	<u>Tel:</u>	<u>Details:</u>
The Tutor	07868303441	Call or text Matt for online help with schoolwork or extra work and actives with educational theme. Bespoke classes set up via SENECA learning platform – send your requirements. 1-2-1 tutoring available via Skype.
Jenny Wade		Support offered in secondary science. Free online “classrooms” on Google classroom (Rydale learning network zycpysv) and also material is available on SENECA learning platform for KS2, KS3, GCSE and A level. Email for the classroom codes - janinewade@rocketmail.com
Sue Slack		Local artist in Lockton offering free art videos via her Facebook page - sueslackpainter . Monday, Wednesday & Friday, builds into a course for all ages and abilities.
The Toy and Book Warehouse	474672	Free delivery in Pickering. Order by phone or at www.thetoyandbookwarehouse.co.uk
Angela Richardson	432545	Providing assistance with computer technology. Can provide assist over the phone with computers, iPads, mobile phones, on-line shopping orders. actuition@gmail.com

Help Lines

Location	Tel:	Details:
IDAS (Independent Domestic Abuse Services)	03000110110	Open for advice and support. If someone is at immediate risk or harm, they should call the police on 999.
Mind	03001233393	Open 9am till 6pm Monday to Friday for mental health problems, where to get help near you, treatment options, etc.
SHOUT	Text 85258	Text SHOUT to 85258. Open 24/7. It is free to text SHOUT from all major networks. Confidential service.
Samaritans	116123	Open 24 hours a day free from any phone.
Citizens Advice Ryedale	03003309036	Telephone line open 9 till 5 Monday to Friday. Or email ryedale@northyorksica.org.uk